OTAGO LONG COURSE CHAMPIONSHIPS

QUALIFICATION TIMES

Qualifying period: 1 January 2025 to 2 December 2026

Entry times must be accessible in the Swimming NZ Results database

FEMALE

	10 & under		11 years		12 years		13 years		14 years		15 years		16 & over	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 Free	49.85	49.00	44.65	43.81	42.78	41.93	41.47	40.62	40.43	39.57	39.25	38.40	38.25	37.40
100 Free	1:45.24	1:43.55	1:33.02	1:31.32	1:26.56	1:24.86	1:22.82	1:21.12	1:20.02	1:18.32	1:17.76	1:16.06	1:14.92	1:13.22
200 Free	3:31.56	3:28.16	3:03.47	3:00.07	2:54.25	2:50.85	2:44.96	2:41.56	2:38.74	2:35.34	2:33.35	2:29.95	2:31.78	2:28.38
400 Free			6:04.64	5:57.84	5:45.95	5:39.15	5:35.71	5:28.91	5:16.94	5:10.14	5:10.98	5:04.18	5:04.00	4:57.20
800 Free			12:38.41	12:24.81	11:15.41	11:01.81	11:04.67	10:51.07	10:43.37	10:29.77	10:31.09	10:17.49	10:29.45	10:15.85
1500 Free			24:29.04	24:03.54	22:24.60	21:59.10	21:36.76	21:11.26	20:56.75	20:31.25	20:28.74	20:03.24	20:09.50	19:44.00
50 Back	57.56	56.71	51.97	51.12	47.52	46.67	46.99	46.14	46.08	45.23	45.80	44.95	44.83	43.98
100 Back	1:56.42	1:54.72	1:44.50	1:42.80	1:37.62	1:35.92	1:31.85	1:30.15	1:30.33	1:28.63	1:29.96	1:28.26	1:29.19	1:27.49
200 Back	3:51.83	3:48.43	3:32.23	3:28.82	3:13.63	3:10.23	3:06.37	3:02.97	3:04.47	3:01.07	3:03.35	2:59.95	2:59.56	2:56.16
50 Breast	1:06.00	1:05.00	57.61	56.61	53.83	52.84	53.28	52.28	52.20	51.20	51.03	50.03	50.03	49.03
100 Breast	2:14.88	2:12.88	1:58.96	1:56.96	1:51.34	1:49.34	1:48.68	1:46.68	1:44.02	1:42.02	1:42.87	1:40.87	1:40.30	1:38.30
200 Breast	4:23.31	4:19.31	3:55.82	3:51.82	3:37.66	3:33.66	3:41.26	3:37.26	3:29.51	3:25.51	3:28.21	3:24.21	3:22.56	3:18.56
50 Fly	55.18	54.49	50.00	49.29	47.49	46.79	44.57	43.87	43.92	43.22	43.22	42.51	42.12	41.42
100 Fly	2:08.18	2:06.78	1:47.30	1:45.90	1:38.67	1:37.27	1:33.28	1:31.88	1:30.69	1:29.29	1:28.62	1:27.22	1:26.67	1:25.27
200 Fly			3:46.75	3:43.95	3:22.84	3:20.04	3:13.23	3:10.43	3:08.11	3:05.31	3:02.31	2:59.51	2:58.56	2:55.76
200 IM	3:58.36	3:54.96	3:38.53	3:35.13	3:14.52	3:11.12	3:08.60	3:05.20	3:04.46	3:01.06	3:00.26	2:56.86	2:57.92	2:54.52
400 IM			7:13.09	7:06.29	6:41.35	6:34.55	6:22.89	6:16.09	6:10.03	6:03.23	6:08.34	6:01.54	6:05.25	5:58.45

OTAGO LONG COURSE CHAMPIONSHIPS

QUALIFICATION TIMES

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Entry times must be accessible in the Swimming NZ Results database

MALE

	10 & under		11 years		12 years		13 years		14 years		15 years		16 & over	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 Free	48.71	47.86	44.07	43.22	43.01	42.15	39.00	38.15	37.52	36.67	36.34	35.49	35.20	34.35
100 Free	1:38.53	1:36.83	1:31.87	1:30.17	1:27.49	1:25.79	1:20.61	1:18.91	1:17.48	1:15.78	1:15.00	1:13.30	1:12.57	1:10.87
200 Free	3:18.16	3:14.76	3:04.34	3:00.94	2:51.03	2:47.63	2:40.46	2:37.06	2:36.20	2:32.80	2:27.73	2:24.33	2:25.81	2:22.41
400 Free			6:16.63	6:09.83	5:45.89	5:39.09	5:22.61	5:15.81	5:12.49	5:05.69	4:54.97	4:48.17	4:50.27	4:43.47
800 Free			12:45.79	12:32.19	12:06.43	11:52.83	10:41.93	10:28.33	10:21.61	10:08.01	9:42.38	9:28.78	9:27.76	9:14.16
1500 Free			26:51.13	26:25.63	23:04.74	22:39.24	20:25.62	20:00.12	19:36.23	19:10.73	18:42.10	18:16.60	18:04.39	17:38.89
50 Back	56.72	55.87	52.44	51.59	50.39	49.54	45.84	44.99	44.25	43.40	42.46	41.61	39.85	39.00
100 Back	1:55.35	1:53.65	1:43.71	1:42.01	1:37.50	1:35.80	1:29.98	1:28.28	1:28.19	1:26.49	1:25.34	1:23.64	1:18.91	1:17.21
200 Back	3:50.91	3:47.51	3:26.67	3:23.27	3:10.33	3:06.93	3:01.69	2:58.29	2:55.75	2:52.35	2:48.35	2:44.95	2:41.95	2:38.55
50 Breast	1:06.12	1:05.12	0:57.75	0:56.75	0:53.76	0:52.76	0:49.81	0:48.82	0:47.82	0:46.82	0:46.14	0:45.14	0:44.58	0:43.58
100 Breast	2:13.14	2:11.14	2:01.31	1:59.31	1:52.28	1:50.28	1:40.73	1:38.73	1:36.26	1:34.26	1:35.51	1:33.51	1:29.87	1:27.87
200 Breast	4:39.01	4:35.01	3:56.65	3:52.65	3:44.30	3:40.30	3:22.84	3:18.84	3:14.25	3:10.25	3:11.78	3:07.78	3:00.34	2:56.34
50 Fly	52.91	52.21	48.99	48.29	46.31	45.60	43.01	42.30	40.38	39.68	38.47	37.77	36.54	35.84
100 Fly	1:53.08	1:51.68	1:40.63	1:39.23	1:32.22	1:30.82	1:25.82	1:24.42	1:22.49	1:21.09	1:18.93	1:17.53	1:16.09	1:14.69
200 Fly			3:34.66	3:31.86	3:20.30	3:17.50	3:00.71	2:57.91	2:51.09	2:48.29	2:42.76	2:39.96	2:35.51	2:32.71
200 IM	3:54.37	3:50.97	3:31.42	3:28.02	3:11.88	3:08.48	3:01.55	2:58.15	2:57.89	2:54.49	2:50.09	2:46.69	2:44.31	2:40.91
400 IM			7:24.16	7:17.36	6:58.91	6:52.11	6:12.94	6:06.14	6:02.81	5:56.01	5:41.20	5:34.40	5:35.70	5:28.90